



FRESH CATCH OF HISNA

Monthly Newsletter of the Hawai'i Student Nurses Association

NEWS & FEATURES

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Presidential Address

Aloha everyone,

We are halfway through with the Spring semester! I am sure many of you are busy preparing for midterms and clinical rotations. Just remembering that all this hard work will pay off :) You can do this!

For the Class of 2021, the finish line for your BSN journey is coming close. While this may have not been the senior year you guys have dreamed of, I know each and every one of you have demonstrated resilience to finish it on a high note!

Mahalo,
Angelique Mara
HISNA President



What's new in Hawai'i SNA Chapters?



Hawai'i Student Nurses' Association

- 03/06/21 - Held the 7th Annual HISNA Conference
 - Hawaii Student Nurses' Association (HISNA) hosted their 7th annual HISNA Conference, it being the first virtual conference hosted, with the theme, "Year of the Nurse." With the unprecedented times of COVID-19, the theme, "Year of the Nurse," exemplifies an appreciation and celebration of all frontline workers putting their best efforts together to combat the global pandemic that has shocked the world. HISNA conference attendees were treated to words of encouragement and advice to prevent burnout through mindfulness techniques from keynote speaker, Dr. Edna Magpantay-Monroe Ed.D., APRN, CMDCP. Ashley Griffin MSN, RN treated attendees to an interactive presentation demonstrating a preview of an NCLEX Exam review with HURST Reviews. Nursing influencer and Chief Educator at Level Up RN, Cathy Parkes also shared her wisdom to Hawaii nursing students, verbalizing different study techniques for success in nursing school and the nursing profession. Michelle Moy, Eileen Wong, and Sherwin Alop from Hawaiian Islands chapter of American Association of Critical Nurses (HI-AACN) also joined us in educating attendees about working in critical care and their experiences working in the field. At one point with 100 attendees in the conference, attendees from nursing schools across the state of Hawaii were given the opportunity to participate in interactive games, activities, win door prizes, learn about success strategies for school and the work field, and network with others who share the same goals and ambitions.

What's new in Hawai'i SNA Chapters?



University of Hawai'i at Mānoa

- Most UH nursing students were able to receive their COVID-19 vaccine through Queen's or UH System
 - Students have been able to volunteer at the vaccination Point of Dispensary



Chaminade University of Honolulu

- 03/05/21
 - Senior students held a mock up COVID-19 vaccination clinic to practice administering the vaccination
 - Nursing students were able to receive SNA points for taking a part of the clinic

What's new in Hawai'i SNA Chapters?



Hawai'i Pacific University

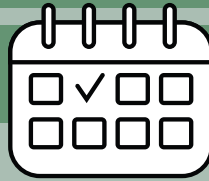
- Currently hosting a COVID-19 Essentials Drive to collect items to distribute to various organizations who are seeking donations (photo of donation box below)
- Partnering with organizations like the Hawai'i Food Bank, HUGS House Hawai'i, and the National Kidney Foundation of Hawaii to offer community volunteering opportunities for our students
- Current Fundraisers: Molokai Hot Bread (flyer below), Nurseology Compression Socks, Lei Donations
- Held monthly E-Board meeting (02/17/2021) & General Member meetings (02/24/2021)
- Organizing SNA E-board Elections for 2021-2022 school year
- Encouraging HPU students to attend the 7th Annual HISNA Conference & NSNA Conference
- Students and faculty participating in HPH COVID mass vaccination clinic, Project Vision vaccination effort, and National Kidney Foundation COVID testing.



Photo credit: Menjam Tamang



Update for the 20-'21 HISNA Year



SPRING SEMESTER

*January 23:
Spring Community
Service (Virtual St.
Marianne Cope Walk)*

*March 6 (0800-1200):
HISNA Mixer &
Conference*

*April 5-10:
69th Annual NSNA
Convention via Zoom*

March: International Women's Day



Today we ...

- Celebrate the achievements of women of every culture
- Raise awareness about women's equality
- Fundraise for female-focused charities



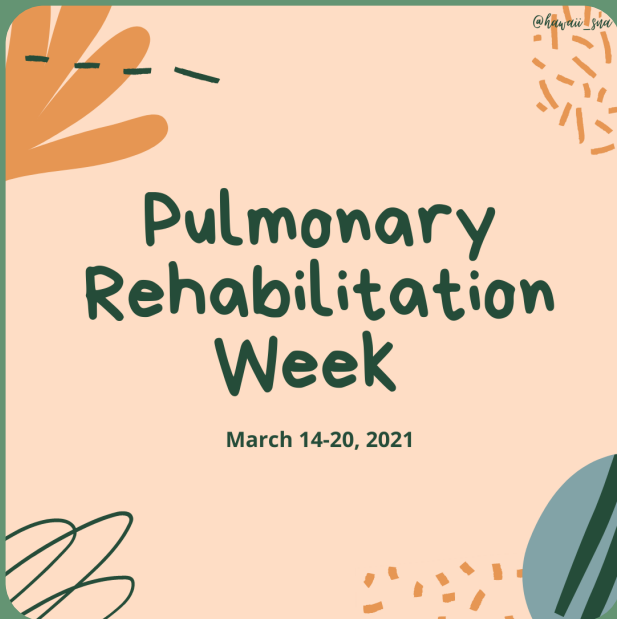
What can we do on International Women's Day?

- Do what you can to make a positive difference for women.
- Uplift the women around you.
- YOU CAN HELP CREATE CHANGE!



March:

Pulmonary Rehabilitation Week



Made by HISNA Social Media Directors

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hisna.org