



# FRESH CATCH OF HISNA

Monthly Newsletter of the Hawai'i Student Nurses Association

## NEWS & FEATURES

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## Presidential Address

Aloha everyone,

Can you believe we only have a month left until the semester ends? Time flies by when you're a nursing student!

April means that finals are approaching soon. Be sure to get your adequate rest and self-care routine in before diving into those finals!

To the Class of 2021, as you are going through preceptorship and preparing for the next chapter, I would like to applaud to each and every one of you for thriving this past year! Just one more month until you can put BSN next to your name, you got this!

Mahalo,  
Angelique Mara  
HISNA President



# What's new in Hawai'i SNA Chapters?



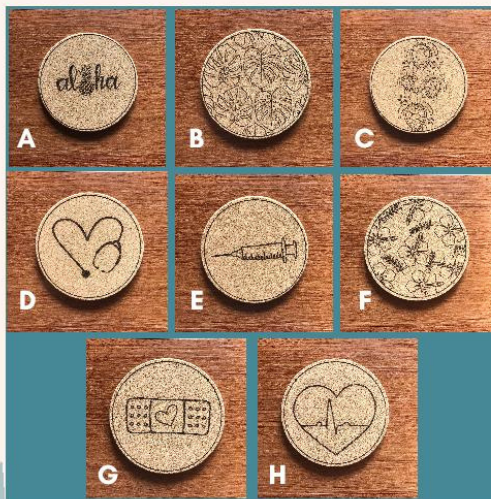
## University of Hawai'i at Mānoa



STUDENT NURSES' ASSOCIATION AT UHM PRESENTS ...

# COASTER FUNDRAISER!

*Help support  
SNA's efforts to enhance  
the nursing student  
experience at UHM!*



SOLD IN  
SETS OF 4  
PICK & ASSORT  
ANY 4



EACH SET: \$15

TO PURCHASE: SCAN QR CODE  
OR VISIT

<http://go.hawaii.edu/Jsy>



HAWAII-THEMED PRESENTS  
GREAT GRADUATION GIFTS!

All proceeds will go towards SNA events and socials! Please contact [xiaojw@hawaii.edu](mailto:xiaojw@hawaii.edu) for more information.

# What's new in Hawai'i SNA Chapters?



## Chaminade University of Honolulu

- April 6, 2021
  - Presented a virtual conference for National Public Health Week
- April 5 - 16, 2021: Hawaii Food Bank Canned Food Drive
  - Members have an opportunity to earn SNA points by donating canned goods for the food bank

The banner is blue with a background image of a city skyline. The text is white and yellow. It reads: "National Public Health Week", "Looking Forward: Building a Healthy Community After COVID-19", and "TUESDAY, APRIL 6, 2021 | 11AM-12PM". Below the text are five portrait photos of speakers, each with their name and title below it.

National Public Health Week  
**Looking Forward: Building a Healthy Community After COVID-19**  
TUESDAY, APRIL 6, 2021 | 11AM-12PM

				
<b>Lynn M. Babington, PhD, RN</b> President, Chaminade University	<b>Josh Green, MD</b> Lt. Governor, State of Hawai'i Hawai'i COVID-19 Liaison	<b>Jill Hoggard Green, PhD, RN</b> President & CEO, The Queen's Health Systems	<b>Mary Frances Oneha PhD, APRN, FAAN</b> CEO, Waimānalo Health Center	<b>Hilton Raethel, MPH, MHA</b> President & CEO, Healthcare Association of Hawai'i



# What's new in Hawai'i SNA Chapters?



## Hawai'i Pacific University

- Ohana Distribution Assistance
  - Helped Hawaii Food Bank and the affiliated organizations (Lighthouse Outreach and Angel Network Charities) in distributing food to families in need
- Pinning Committee Meeting
  - Planning pinning ceremony for graduating cohort
- Bone Marrow Registry
  - Encouraging students to sign up as a bone marrow donor

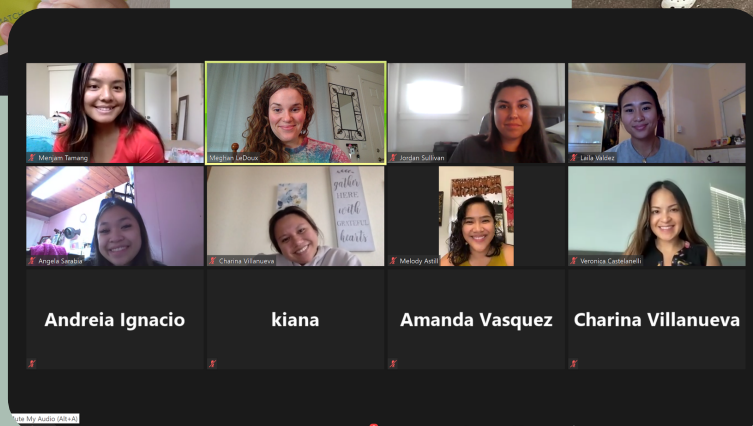
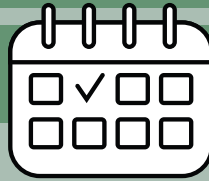


Photo credit: Menjam Tamang

# Update for the 20-'21 HISNA Year



## SPRING SEMESTER

*January 23:  
Spring Community  
Service (Virtual St.  
Marianne Cope Walk)*

*March 6 (0800-1200):  
HISNA Mixer &  
Conference*

*April 5-10:  
69th Annual NSNA  
Convention via Zoom*

# April Awareness Month

@hawaii\_gna



**I BELIEVE YOU**

SEXUAL ASSAULT AWARENESS MONTH

@hawaii\_gna




**1 IN 2 WOMEN**  
HAVE EXPERIENCED SEXUAL VIOLENCE OTHER THAN RAPE IN THEIR LIFETIME

**1 IN 5 MEN**  
HAVE EXPERIENCED SEXUAL VIOLENCE OTHER THAN RAPE IN THEIR LIFETIME

Source: National Sexual Violence Resource Center

@hawaii\_gna




**ABOUT 67.5% OF RAPE INCIDENTS GO UNREPORTED**

Source: National Sexual Violence Resource Center

@hawaii\_gna

PREVENT SEXUAL VIOLENCE

**BE A PART OF THE SOLUTION**



- BELIEVE SURVIVORS**
- OPPOSE VICTIM BLAMING**
- RESPECT BOUNDARIES**

Source: National Sexual Violence Resource Center

# Stay up to date with HISNA!

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INSTAGRAM



@hawaii\_sna

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WEBSITE



hisna.org