



ALOHA NURSING STUDENTS!



WHAT IS HISNA?

The Hawaii Student Nurses' Association (HISNA) is a local constituent of the National Student Nurses Association (NSNA), comprised of seven schools across the State of Hawai'i. HISNA is dedicated to the personal and professional development of nursing students at the school, community, and state level.



OVERVIEW:

1. ABOUT HISNA
2. HISNA ANNUAL CONFERENCE
3. HISNA SPOTLIGHT: DR. MONROE
4. HISNA EXECUTIVE BOARD

Healthy Balance Healthy Nurse

2019 6th Annual HISNA Conference

Written by Liberty Alconis (UH Manoa), HISNA Co-Director of Communications

The Hawaii Student Nurses' Association (HISNA) held their 6th annual conference, "Healthy Balance Healthy Nurse" on October 5, 2019 at Chaminade University of Honolulu (CUH). Attributes of the conference's theme honed in on an important aspect of a nurses' career that is not entirely recognized by many, one's physical, mental and spiritual health. The conference allowed nursing students to receive first-hand knowledge and experiences from a variety of professionals ranging from nurses to those knowledgeable in essential oils, to learn the importance of self care, and ways it can be achieved. Nursing students from Hawaii Pacific University, Chaminade University, and University of Hawaii at Manoa attended.

The keynote speaker for the event was Zachary Drury, who was the first HISNA student president after its rejuvenation in 2014 and graduated at Hawaii Pacific University's undergraduate degree program in 2015. He is currently a bedside nurse and nurse educator at the University of Utah in the Huntsman Cancer Hospital oncology intensive care unit. Throughout his speech, he shared experiences of his own relating to balancing different aspects of his life with nursing school. Students were able to walk away with great tips and tricks Zachary emphasized on.



Left to Right: Spencer Lee, HISNA 2019-2020 President; Danielle Balajadia, HISNA 2017-2018 President; Jeramae Marcellano, HISNA 2015-2017 President; Dr. Magpantay-Monroe, HISNA Advisor; Zachary Drury, HISNA 2014-2015 President



Nursing students like me tend to forget about living a life outside of nursing school, when it is just as important to find balance and enjoy life in the midst of such a chaotic, yet exciting time in nursing school. I would highly recommend other nursing students to attend next year's HISNA conference during fall 2020.

HISNA would like to extend a special note of deep appreciation to our valued sponsors including Hawaii State Center for Nursing (HSCN). Thank you to all our 2019 HISNA Conference sponsors and vendors. Together, we will continue our journey towards promoting student nurse success!

MEET OUR HISNA ADVISOR: DR. MAGPANTAY-MONROE

Written By Jhoanna Arcelli Gorospe (UH Manoa), HISNA Secretary



Dr. Edna Magpantay-Monroe is one of the founding faculty at Chaminade University of Honolulu (CUH) School of Nursing. She is licensed as a Registered Nurse (RN) and Advanced Practice Registered Nurse (APRN) in Hawaii. Her experiences include over 30 years as a nurse, which includes over 25 years of formal teaching. At CUH, Dr. Monroe plays an integral part in Hawaii's future nurses by teaching several areas of nursing including mental health, community health, geriatrics, foundational nursing, therapeutic communications, global health, and clinical immersion. Her research interests are in emotional intelligence, military health, coaching at risk students, community and mental health issues.

She also serves in many opportunities for the school and community throughout the State of Hawaii Student Nurses Association (HISNA) as an adviser/consultant, president of Sigma Theta Tau International (STTI) Gamma Psi -at-large chapter, founding member of the Asian American Pacific Islander Nurses Association (AAPINA), co-advisor for the CUH Health Occupations for Future of America (HOSA), co-advisor for the Filipino Club and more. Dr. Monroe's endeavors in shaping and preparing our future nurses and building community partnerships within and outside of CUH has led to many benefits for those involved. She has been the HISNA advisor since its rejuvenation in 2013/2014.

MEET YOUR HISNA 2019-2020 EXECUTIVE BOARD!

Don't measure yourself by your test grades, rather measure yourself by the difference you make in the lives of your patients

Sincerely, HISNA Executive Board



President
SPENCER LEE
Chaminade University '20



Vice President
RUFFALYNE VILLANUEVA
Chaminade University '20



Co-Vice President
ELIZABETH PEREZ
Hawaii Pacific University '20



Treasurer
SKYLER ADZURA
UH at Manoa '20



Co-Treasurer
BROOKE LESLIE
Chaminade University '20



Secretary
JHOANNA GOROSPE
UH at Manoa '20



Co-Secretary
HAZEL PASCUA
UH at Manoa '20



DOC
ABIGAIL APGAR
Hawaii Pacific University '19



Co-DOC
LIBERTY ALCONIS
UH at Manoa '20



Media Director
ANGELIQUE MARA
Chaminade University '22



Co-Media Director
JULIANNE GONZAGA
UH at Manoa '20



CMTE Director
VIVIANNE VERCELUZ
Chaminade University '20



Co-CMTE Director
OSCAR TOMAS
Chaminade University '21

CONNECT WITH US!



HI Sna



hawaii_sna



<http://www.hisna.org>



Scan me